



PE Long term Plan 2023-25

Subject and Topic	Reception	Year 1/2A	Year 1/2B	Year 3/4A	Year 3/4B	Year 5/6A	Year 5/6B
Autumn 1	Improve Agility	Multi-skills	Striking and Fielding	Hockey	Tag Rugby (All stars) Football	Hockey	Basketball Cycling (Y5)
Autumn 2	Improve balance	Football	Health related exercise	Basketball	High 5 Netball	High 5 Netball	Tag Rugby (All stars) Football
Spring 1	Improve catching	Gymnastics	Multi -Sports	Dance	Dance	Dance	Gymnastics
Spring 2	Multi -Sports	Dance	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Handball
Summer 1	Improve throwing	Athletics	Dance	Athletics	Athletics	Athletics	Athletics
Summer 2	Any themed unit from scheme	Invictus	Athletics	Badminton	Tennis Cricket	Tennis and Golf	Rounders and Orienteering Cricket

Year 4/5 will go swimming 2023-24